



SOUTHLAND GIRLS' HIGH SCHOOL

INTERNATIONAL PROSPECTUS



TĒNĀ KOUTOU KATOĀ, TALOFA LAVA, MĀLŌ E LELEI!



A warm welcome to Southland Girls' High School.

Established in 1879, we are known as a high performing school. Our innovative curriculum is nationally recognised and reflects quality 21st Century learning.

Sending your child to Southland Girls' High School is an investment in their future.

They are taught by highly qualified teachers who are experts in teaching and providing high levels of pastoral care and support for students.

Students are encouraged to have balance in their education – combining their academic goals with a variety of co-curricular activities, encompassing sport, cultural and performing arts programmes.

Southland Girls' High School students become independent and resilient people. They are future focused and well prepared for employment pathways and universities across the world. We look forward to welcoming you into the Southland Girls' High School community.

Yvonne Browning
Principal

DIRECTOR OF INTERNATIONAL MRS MEGAN MCKENZIE



Welcome to Southland Girls' High School, where we're passionate about providing international students with an unforgettable study abroad experience.

Our school offers a warm and supportive environment for students who are interested in immersing themselves in New Zealand's vibrant culture while receiving a world-class education in a safe and vibrant community.

Our dedicated team of educators and staff take pride in providing personalized support to each student. Whether you need academic guidance, career

pathway planning, or language support, we're here to help you achieve your academic goals and ensure you are successful in your learning pathways to further study at university.

We understand that studying abroad can be daunting, which is why we're committed to your wellbeing and success. Our 24/7 emergency assistance and regular progress reports to families ensure that you have the support you need to thrive academically and personally. With over 25 year's experience in welcoming international students to Southland Girls' High School, we are the experts in educating girls.



WHY WAIHŌPAI INVERCARGILL?

INVERCARGILL IS A SAFE COMMUNITY THAT WELCOMES STUDENTS FROM ALL OVER THE WORLD.



It is the southernmost city in New Zealand, only a two-hour drive from Queenstown.

Invercargill is a safe and welcoming city with a rich history and plenty of attractions for visitors and locals alike. Its nickname “City of Water and Light” is certainly fitting with the beautiful **Queens Park** and the chance to view the **Aurora Australis**.

The city has a diverse population, making it an ideal place for international students to live and study. The world-class sports facilities and outdoor lifestyle options make it an attractive destination for those who enjoy an active lifestyle. Invercargill offers a great balance of affordability, accessibility, and quality of life for students.

Students enjoy all that the region has to offer with access to nature reserves and parks, lively cafes, restaurants, and shopping.

The region is well known for being warm, friendly and welcoming. International students are valued by the local community for the diversity and knowledge they bring to our city when studying at our school.

WHY CHOOSE SOUTHLAND GIRLS' HIGH SCHOOL?

Southland Girls' High School has a strong reputation for academic achievement, especially for girls.

Our International students achieve a 100% pass rate for NCEA levels 1, 2 and 3 with graduates attending Universities both in New Zealand and overseas including:

- University of Otago
- University of Auckland
- University of Canterbury
- Chulalongkorn University, Thailand
- Kings College, London
- Mahidol University, Thailand
- Hong Kong University of Science and Technology, Hong Kong
- The University of Melbourne, Australia

Girls who attend single sex schools have several advantages, including a culture of strong academic achievement, enhanced self-esteem and wellbeing, a positive self-image, and high engagement with STEM subjects. The absence of boys may contribute to a more supportive and inclusive learning environment, with less fear of ridicule, social anxiety, and bullying. Girls in all girls' schools

are also more likely to engage in a wider array of sporting activities, including sports traditionally considered masculine, which may further boost their confidence and self-esteem. Additionally, girls in single-sex schools are much better at STEM subjects, which can lead to greater career opportunities and success in the future.



WHAT CAN STUDENTS EXPECT WHEN THEY STUDY AT SGHS?

Southland Girls' High School has modern facilities, including state-of-the-art science labs and a Performing Arts Suite, to support a high-quality education designed for 21st-century learning. All our teachers are experts in teaching girls which contributes to the school's commitment of academic success.

Students will participate in career counselling and pathways to universities worldwide, as well as specialist English language classes to support students' learning. The school has a multi-level learning approach, which ensures that students are taught to their ability rather than their age.

Level	SGHS Domestic Students	SGHS International Students	National Average Domestic Students
Level 1	86.5%	100%	64.8%
Level 2	94.2%	100%	74.8%
Level 3	81.4%	100%	68.1%

The option to study Cambridge (IGCSE's) in Year 10 for subjects like English, Maths, Science, and Global Perspectives is also a great opportunity for students who may be interested in pursuing further education abroad.

The school offers high-quality homestays and limited places in the school boarding house are options for International students at Southland Girls' High School.

Students are encouraged to join any of the multiple clubs and sports available at the school. They also form lifelong friendships with fellow students while enjoying the New Zealand culture and growing into independent and well prepared young people.

NB: At Level 1 students take 6 subjects including English, Mathematics and Science. At Level 2 students take English plus 5 other subjects of their choice. At Level 3 students take 5 subjects of their choice.

WE LOVE LEARNING HE AROHA NUI MĀTOU KI TE AKO

YEAR 7

We Work Together *Mahi Tahī*

The school's curriculum is learner-centred, future-focussed, and enables students to be actively engaged in knowing and making decisions about their learning.

It is designed to challenge all students, appropriate to their abilities. The school places equal focus on all year levels.

Learning Packages draw threads and interweave the learning from a variety of curriculum areas including English, Social Studies, The Arts, Health and Technology.

English
Maths
My Place – My Story
Our Place – Our Legacy
Hauora – Our Strength
My Courage – Our Challenge
Creative Space – Explore Art
Science Investigations
Music Creation
Wellbeing Foods
Digital Design & Communication
Explore Our Language & Culture (Te Reo)

YEAR 8

English
Maths
Looking Back – Understanding Now
Strengthening Wellbeing
Making Connections
Leaving a Legacy
Creative Space – Explore Art
Community Science
Science Investigations
Create a Performance
Intervention By Design
Intervene, Design, Explore, Apply
Active Wellbeing
Explore the World Through Languages

YEAR 9 10

Student's abilities, needs and interests can be provided for within Learning Packages by selecting the level of subject the student and their whānau believe suits them best regardless of their Year level.

Learning Package Examples:

Year 9	Year 9 Advanced
English Discovery	English Expand
Mathematics Applied	Mathematics Excel
Mathematics Beyond	
Science	
PE/Health	Performance Physical Education

Year 10	Year 10 Advanced
English Developed	Cambridge English
Mathematics Applied	Mathematics Extension
Mathematics Beyond	Cambridge Mathematics
Science	Cambridge Science
Wellbeing	

Year 9 & 10	Year 9 & 10 Advanced
Show me the Money	Global Minds
Enterprise	
Cultural Location	
Ancient Influences	
Aotearoa New Zealand's Histories	
French	French
Japanese	Japanese
Te Reo Māori	Te Reo Māori
Art Worx	Bring Out the Artist in Me
Architecture and Visual Communication Design	
Digi Image	Perform like no one is watching
Drama Devised	Drama Defined
Constructing learning through Music	Music Advanced
Joy of Dance	Dancing Centre Stage
Designers for the future	Designers for the future plus
Avant Garde	
Food Design	Food Design Plus
Computer Bytes	Computer Bytes Plus
Code Busters	Code Busters Plus

WE AIM HIGH WHĀIA I TE PANEKIRETANGA

At SGHS students received personalised learning for every student to meet their academic goals, learning habits and interests.

Students who show an ability or talent in a subject are encouraged in consultation with the International Dean to study at a higher level in this subject. For example, a Year 9 student may choose to study Year 10 English and challenge their learning.

At Southland Girls' High, the focus is on teaching to the ability of a student, rather than their age.

- Subject choices that include extensive Performing Arts classes and Performance PE.
- Multi-Level Learning (MLM) and acceleration mean a student's timetable can include different levels of learning eg. a Year 9 student can also be taking a Year 10 subject.
- Ability grouping within a year level for English, Science and Maths.
- Cambridge Exams (IGCSE) – Science, Maths, English and Global Perspectives.

SGHS is the only school south of Dunedin offering IGCSE



Cambridge International School

Southland Girls' High School offers IGCSE (International General Certificate of Secondary Education) to our students.

This internationally recognised Cambridge University Exam is normally sat by Year 11 students,

however we believe that by offering it at Year 10 we are better preparing the girls to be able to achieve 'excellence' at Level 1, 2 and 3 at NCEA.

Southland Girls' High School is also a recognised University of Cambridge Examination Centre.

Southland Girls' High School is committed to students achieving excellence. As the only school

south of Dunedin offering IGCSE, this clearly shows our drive for academic excellence, and to ensure our students have opportunities to excel in their learning beyond their chronological age.

We are an inclusive and integrated site which allows students to access specialist subject teachers and facilities.





KATNISS 15, HONG KONG.

I'm loving my school life here at Southland Girls' High. I have been able to try new activities and school subjects I'm interested in without being judged or pressured to be the best. I can grow at my own pace because I am surrounded by understanding and encouraging people. I'm currently studying Dance, Avant Garde, Drama and Show Me the Money (Economics and Accounting), English, Science and Maths at school. At Southland Girls' High School, I can actually take artistic subjects I enjoy as my main subjects which I wasn't able to at my former school before coming to New Zealand.

When I graduate from high school, I would like to study film theory, art direction, cinematography and film production at university.



WE EXCEL AT SPORT

HE TOHUNGA MĀTOU I TE HAKINAKINA

Participation in sport provides our students with the opportunity to build physical skills, in addition to creating social networks outside of the classroom.

Sport at Southland Girls' High School is more than individual success – students are encouraged to be involved, have fun, and develop friendships. All students have access to a wide and varied range of sports as a student at Southland Girls' High School.

Students who wish to follow a more elite pathway are supported in their chosen sports resulting in regional and national team selection.

Southland Girls' High School teams regularly celebrate success at regional and national levels across various sporting codes.

The school recognises these achievements at school assemblies and with our formal prizegivings held in the latter part of each year.

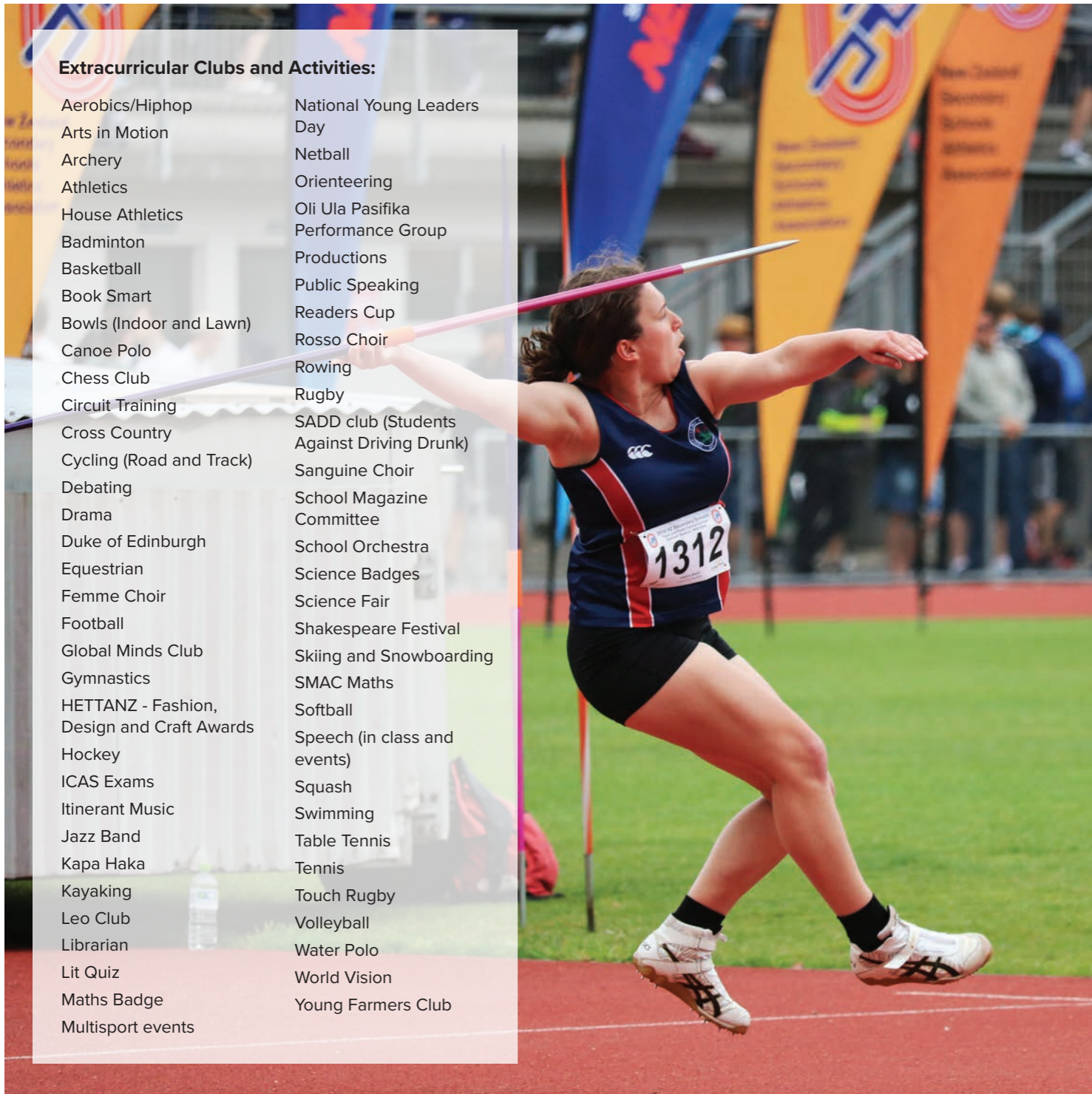
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Extracurricular Clubs and Activities:

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| Aerobics/Hiphop | National Young Leaders Day |
| Arts in Motion | Netball |
| Archery | Orienteering |
| Athletics | Oli Ula Pasifika Performance Group |
| House Athletics | Productions |
| Badminton | Public Speaking |
| Basketball | Readers Cup |
| Book Smart | Rosso Choir |
| Bowls (Indoor and Lawn) | Rowing |
| Canoe Polo | Rugby |
| Chess Club | SADD club (Students Against Driving Drunk) |
| Circuit Training | Sanguine Choir |
| Cross Country | School Magazine Committee |
| Cycling (Road and Track) | School Orchestra |
| Debating | Science Badges |
| Drama | Science Fair |
| Duke of Edinburgh | Shakespeare Festival |
| Equestrian | Skiing and Snowboarding |
| Femme Choir | SMAC Maths |
| Football | Softball |
| Global Minds Club | Speech (in class and events) |
| Gymnastics | Squash |
| HETTANZ - Fashion, Design and Craft Awards | Swimming |
| Hockey | Table Tennis |
| ICAS Exams | Tennis |
| Itinerant Music | Touch Rugby |
| Jazz Band | Volleyball |
| Kapa Haka | Water Polo |
| Kayaking | World Vision |
| Leo Club | Young Farmers Club |
| Librarian | |
| Lit Quiz | |
| Maths Badge | |
| Multisport events | |



This is my first time going overseas. The first day I arrived it was very exciting and the staff and students helped me a lot.

I study Maths, Science, English, Physical Education, Digital Technology and Dance. In Thailand, students can only choose a program which is a science and Mathematics programme, or an English programme which means learning up to 8 subjects which are all compulsory and have to study them whether they want to or not. At Southland Girl's High School I can choose the subjects that I am interested in which makes learning more interesting. Southland Girls High school has a lot of activities, clubs to join and sports.

After I graduate high school I will return to Thailand to attend university.



AMY
16, THAILAND



SURI
12, THAILAND

I came to Southland Girls' High School at the start of 2023. I like the teachers and the students at Southland Girls. The teachers are nice and kind, and I can understand about the subjects clearly by asking questions and discussing with my teachers and friends.

The school is located near the city centre where I like to go in the weekends with my friends to shop and spend time with them. At Southland Girls' High I have been able to join the Chess Club and also play badminton which I wouldn't have been able to do at my old school in Thailand. I study Math, English, Art, Physical Education, Science, and CSI.

Students contribute to school productions and events such as ShowQuest to develop and refine their performance and choreography skills



WE ARE CREATIVE HE AUAHA MĀTOU

Southland Girls' High School is renowned for our reputation in the Creative Arts. With a large number of students who participate in the extensive curriculum offered in Music, Dance, Drama and Visual Arts, students are able to study in each of these areas up to Scholarship level.

Dance

The dance curriculum is well supported with highly qualified teachers offering skilled tuition. Students are able to access multiple performance opportunities and contribute to events such as school productions and ShowQuest. Dance is offered at all year levels and no previous experience is necessary.

Drama

Drama at Southland Girls' High School is delivered by a team of dedicated teachers who are passionate about the subject. Students who study drama develop into confident, articulate and creative individuals who will be an asset to society when they leave SGHS.

The curriculum delivered covers a wide variety of topics and practical exploration of ideas. Students are able to work both as individuals and in groups to produce work that communicates strong ideas and key messages.

Music

Southland Girls' High School has produced a number of talented musicians who have gone on to perform at a high level including the National Stage.

Numerous opportunities exist to showcase their skills – from school concerts, performance showcases, school productions and outside events.

Our three school choirs provide an opportunity for students who have a love of singing and performing to develop their talent.

Itinerant Music teachers visit the school weekly allowing students to learn a variety of instruments.

Visual Arts

Southland Girls' High School runs a successful Visual Arts curriculum that sees many of our students continuing on to study Art at a tertiary level and gaining scholarship awards. With a staff that includes current local artists, classes are offered in Sculpture, Photography, Painting, Printmaking and Design. Students may also study Art History which is complementary to the practical curriculum offered.



Femme, our premier choir at SGHS has been awarded a silver award and two bronze awards, over three consecutive NZCF National Big Sing Finales

OUR UNIFORM

Southland Girls' High School is incredibly proud of our school uniform. The iconic red shoes worn by all students ensures we stand out in a crowd.

Students are expected to wear the full and correct school uniform at all times. Blazers may be worn from Year 7, school ties must be worn with the school shirt at all times.

We offer an online shop where items of new uniform may be purchased Monday – Friday, term time only. store.southlandgirls.school.nz with a click and collect service available for purchased items.

A second hand uniform shop is also available. Please contact our main reception area at school to make an appointment to view these items.

- Summer Dress
- School Tie
- School Kilt
- Red Jersey
- Navy School Blazer
- PE Top (Years 7–10)
- School Activity Top
- Navy Blue School Jacket with Logo



Summer Uniform

- Summer Dress
- Red Jersey
- White Ankle Socks
- Red School Shoes
- Navy School Blazer



Winter Uniform

- White Shirt
- School Tie
- School Kilt
- Red Jersey
- Navy Blue Blazer
- Navy Tights / Over the Knee Socks
- Red School Shoes



PE Uniform

- School PE Top
- Navy Shorts
- *Optional Activity Top*
- *Optional Navy Blue School Jacket with Logo*
- *Optional School Scarf*



Ō MĀTOU KĀKAHU KURA

STUDENT WELLBEING/ ACCOMMODATION

Wellbeing and Pastoral Care

- An orientation programme and continued support First language assistance (French, Japanese, Chinese and Thai)
- Access to School Nurse, Physiotherapist and Counsellors
- Full Medical and Travel Insurance can be arranged by the school
- 24-hour emergency phone contact

Accommodation

All students are required to live in approved homestay accommodation or the school boarding house, Enwood House.

Southland Girls' High School has an experienced Homestay Coordinator who checks and approves all our homestay families including police vetting and reference checks.

Careers Advice

A career advisor and our International Academic tutor work closely with students to provide access to the most up-to-date information on careers and university pathways in New Zealand and overseas.

Each student will receive personalised career plans to ensure their subjects will meet the entrance requirements of the students preferred university.

All students are assigned a buddy for when they start at Southland Girls' High School to help with their arrival into our school community.

Boarding in warm and modern facilities is available for up to 100 students in Years 7–13





Enrol Online Now
southlandgirls.school.nz



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